

LeadershipStartsWithMe



How to use

'Leadership starts with me'

This resource is designed for leaders and managers to use with groups of workers to discuss what 'everyday leadership' is, why leadership skills in frontline workers are so important and how they can improve these skills. We'd recommend that each film and topic are covered in separate sessions, for example in team meetings for groups or during 1-1 supervisions with individual workers. Each activity is expected to take around 15 minutes.



Here's a simple check list to help plan the sessions:

Before:

- ✓ Familiarise yourself with the films and associated questions.
- ✓ Plan some uninterrupted time with your team or individual workers.
- ✓ Make sure you have a quiet, comfortable room with access to a TV screen large enough for everyone to see and hear the films.

During:

- ✓ Read the introduction to the activity out loud.
- ✓ Show the relevant film.
- ✓ Ask the follow-up questions, one at a time, allowing a few minutes for to discuss each question.
- ✓ If there are other key points the individual/group take from the films and want to discuss, allow them some time for this.
- ✓ Capture key points, ideas and actions you are going to commit to.
- ✓ Remind attendees that no question is silly, they may feel nervous about saying or asking the wrong thing.

After:

- ✓ Ask for feedback on the session so you can find out what impact it has had and how you could improve it next time.
- ✓ Ensure that you keep a record of the activity for the continuing professional development (CPD).

