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| **Standard 13: Health and safety** | |
| **Outcome –**  **The learner is able to:** | **Assessment – The learner must:** |
| **13.1**  **Understand their own** **responsibilities,**  **and the responsibilities of others,** **relating to health and safety in the work setting** | 13.1a Identify **legislation** relating to general **health and safety** in a health or social care work setting    13.1b Describe the main points of the **health and safety** policies and procedures agreed with the employer    13.1c Outline the main **health and safety** responsibilities of:     * self * the employer or manager * **others** in the work setting     13.1d List tasks relating to **health and safety** that should not be carried out without special training    13.1e Explain how to access additional support and information relating to **health and safety**    13.1f Describe different types of accidents and sudden illness that may occur in their own work setting |
| **13.2**  **Understand**  **Risk**  **Assessment** | 13.2a Explain why it is important to assess the **health and safety** risks posed by particular work settings, situations or activities    13.2b Describe how and when to **report health and safety** risks that they have identified |
| **13.3 Move and assist safely** | 13.3a Identify key pieces of **legislation** that relate to **moving and assisting**    13.3b List tasks relating to **moving and assisting** that they are not allowed to carry out until they are competent      13.3c Demonstrate how to move and assist people and objects safely, maintaining **the individual’s** dignity, and in line with **legislation** and **agreed ways of working** |
| **13.4**  **Understand procedures for** **responding to** **accidents and sudden illness** | 13.4a List the different types of accidents and sudden illness that may occur in the course of their work  13.4b Describe the procedures to be followed if an accident or sudden illness should occur  13.4c List the emergency first aid actions they are and are not allowed to carry out |

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| **Outcome –**  **The learner is able to:** | **Assessment – The learner must:** |
| **13.5**  **Understand medication** **and healthcare tasks** | 13.5a Describe the **agreed ways of working** in relation to medication    13.5b Describe the **agreed ways of working** in relation to **healthcare tasks**    13.5c List the tasks relating to medication and health care procedures that they are not allowed to carry out until they are competent |
| **13.6 Handle hazardous substances** | 13.6a Describe the hazardous substances in their workplace    13.6b Demonstrate safe practices for storing, using and disposing of hazardous substances |
| **13.7 Promote fire safety** | 13.7a Explain how to prevent fires from starting or spreading    13.7b Describe what to do in the event of a fire |
| **13.8 Work securely** | 13.8a Describe the measures that are designed to protect their own security **at** **work**, and the security of those they support    13.8b Explain the **agreed ways of working** for checking the identity of anyone requesting access to premises or information |
| **13.9 Manage stress** | 13.9a Recognise common signs and indicators of **stress** in themselves and **others**    13.9b Identify circumstances that tend to trigger **stress** in themselves and **others**    13.9c List ways to manage **stress** |