



NHS
East London
NHS Foundation Trust

Social Work Learning
& Development Hub

Trauma Informed Care Training

For Social Workers



Programme



- ❑ HEE have developed a training programme for social workers on Trauma Informed Care, which will be available via HEE and Skills for Care
- ❑ 5 e-learning modules and 4 half day face to face training sessions

5 E-Learning
modules

Available
through HEE

4 half day face to
face training
sessions

Compliments
E-Learning

Coordinated
by Skills for
Care

Aims of the training programme

- Understand the implications of key concepts in trauma in trauma informed care for social work role
- Update on new developments and consider these in relation to strengths based practice
- Build confidence in social works contribution and a social model



Training Programme



E-Learning

Human Development and Responses to Threat

What is Trauma

Basic Awareness and Concepts

Public Health and Prevention

Trauma informed approaches to health and social care

Face to Face Training

Introduction to Trauma Informed Care

Trauma Informed Care and Open Dialogue

Understanding Racial Trauma

British Institute of Human Rights

Next Steps...

- Continue to test e-learning modules in London
- Begin testing in East of England
- Work with Skills for Care to choose a month to launch the training programme and to begin the roll out





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Pan-London ASYE Programme



Background

Think Ahead and Skills for Care, funded by HEE London, mapped existing ASYE provision across London Trusts to greater understand:

- Current landscape
- Challenges
- Good Practice

Areas of focus:

- Social Work Leads in Trusts
- Social Work England
- Humber NHS Foundation Trust
- Trust employed MHSW's who have completed ASYE
- Think Ahead Practice Specialists
- Skills for Care

Current Provision



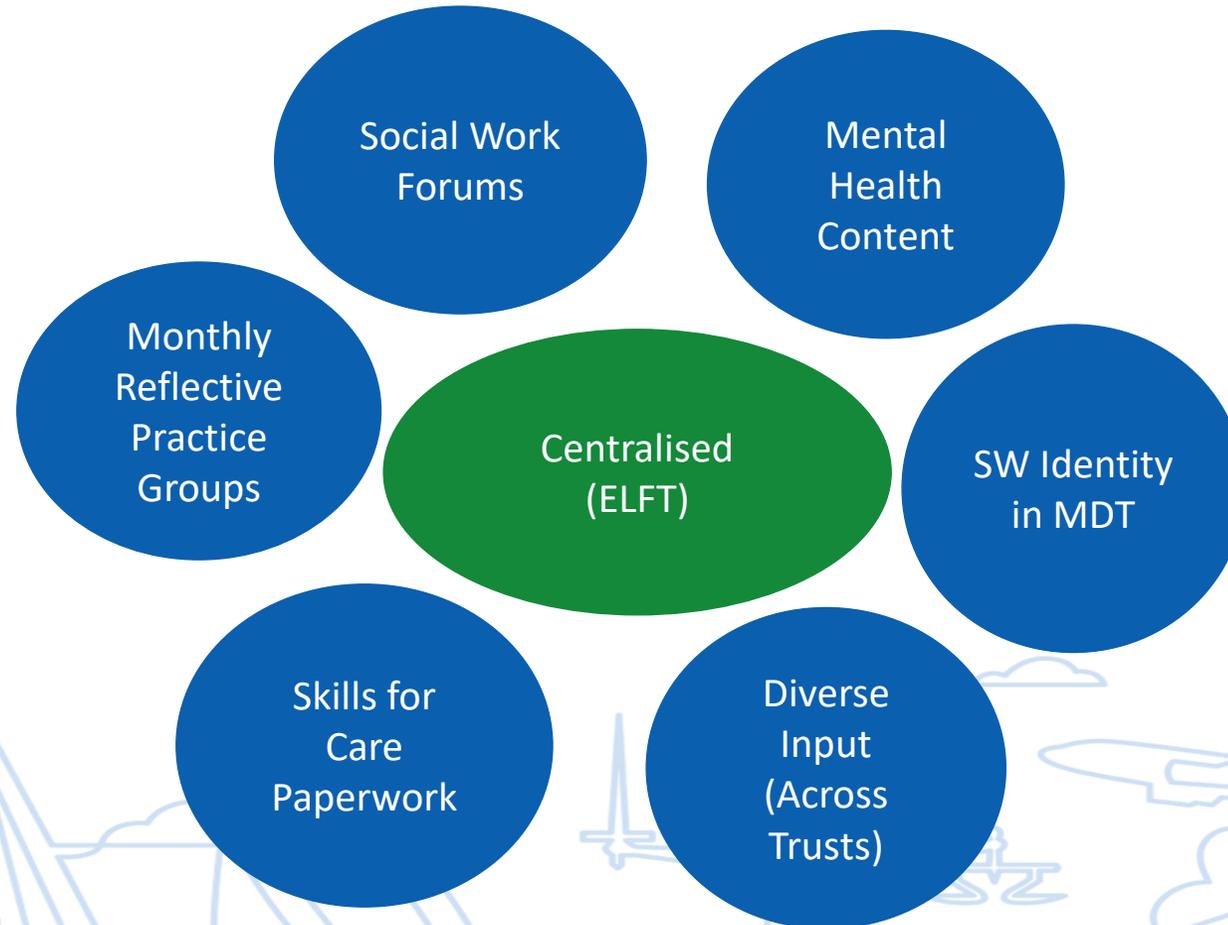
Best Bits:

- Contributes to 'one profession' view
- Caseload
- Linked to growing skills
- Reflective practice and peer reflection
- Personal relationship with experienced practitioner

Challenges:

- Relationship dependent
- Access (gaps, timely)
- Limited understanding in wider Trust
- Lack of mental health content
- Consistency

Pan-London Trust ASYE



Training Programme



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Safeguarding Adults

Mental Health Act

Mental Disorders

Key Issues in Personality Disorder

Care Act

Mental Capacity Act

Risks, Benefits & Decision Making

Record Keeping & Report Writing

Cultural Sensitivity

Resilience & Wellbeing

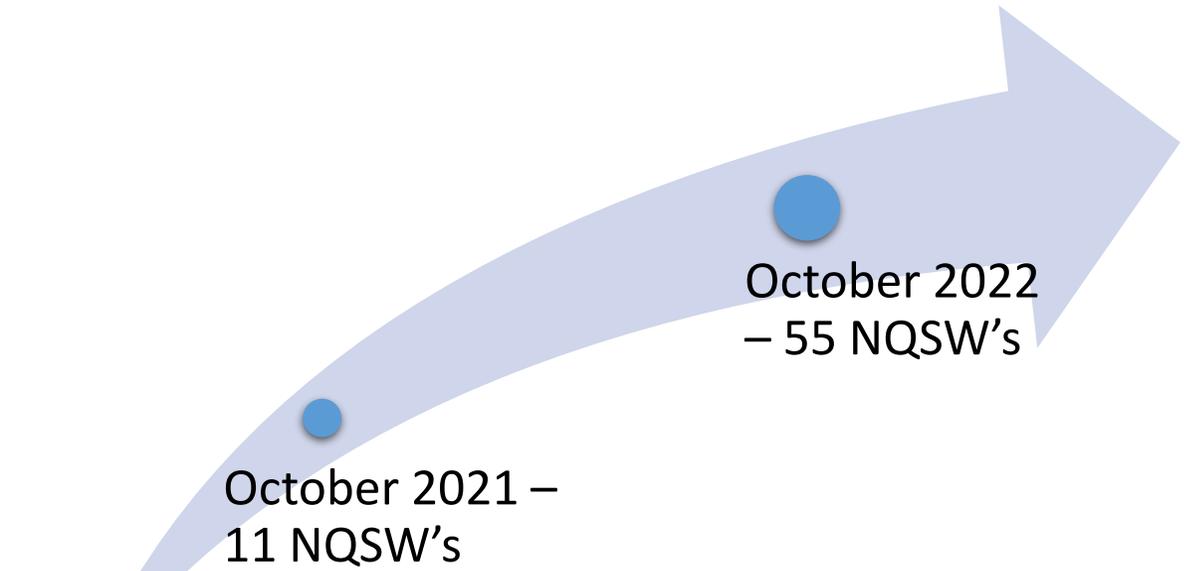
Experts by Experience

Safeguarding Children (ELFT staff only)

Post Pilot Evaluation



- ❑ Increased recruitment of NQSWs
- ❑ Improved retention of NQSWs, for example in one directorate retention rate has improved by 50%
- ❑ Reduce agency social work spend



Next Steps



Positive Feedback

- Mental Health specific training programme- particularly reflective practice groups
- Having support from an ASYE assessor who is internal
- Support from senior members of the organisation to embed the ASYE

Areas to improve / Next Steps...

- Induction
- Post ASYE support
- Workshops on assessment skills and report writing
- Care Act and MCA surgeries
- Bite size videos on key statutory duties and legislation

