

# Autism awareness

learning resources



This resource list draws upon training materials that have been developed by a range of organisations within the health, social care and voluntary sector, many of which were funded by the Department of Health. All of the resources aim to increase awareness and understanding of autism to enable frontline staff to better recognise and respond more effectively to the needs of adults with autism.

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## RCN Publishing autism resources

These links are available as free downloads for all healthcare professionals that may come into contact with people who have autism, highlighting key issues to consider.



The **autism poster** provides a useful aid-memoir for use in clinical settings and the **guide** provides information on autism, illustrated by case studies and introduces the reader to a range of simple assessment tools

- cost: free
- registration required? no

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## MindEd



An **e-learning** module aimed at a universal audience and covers recognising the signs and symptoms associated with autism and related problems. Self-assessment is optional and completion can be recorded via ESR.

- cost: free
- registration required? no

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## British Psychological Society



The Society has developed three **e-learning modules** on autism, which appeal to a range of learners by delivering knowledge and understanding from introductory to specialised levels. Two modules are freely available to both members and non-members of the BPS and the third is aimed principally at psychologists and all professionals working in this field.

- cost: free
  - registration required? yes
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## Social Care Institute for Excellence

This link looks at the techniques and skills that care workers and social workers need to support people with autism and help them achieve their goals. **Two 11 minute films** that raise awareness on the issues of communication with people with Autism.



- Cost: free
- Registration required? no

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## University of Oxford

The **Healthtalk.org website** lets you share in other people's experiences of health and illness. This information is based on qualitative research into patient experiences led by experts at the University of Oxford. Healthtalkonline offers a range of films describing the experiences of individuals with Autism and their relatives.



- Cost: free
- Registration required? no

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## Skills for Care and Skills for Health

**Skills for Care** and **Skills for Health** have developed a framework to guide the delivery of autism training for the mainstream health and social care workforces. The framework includes a list of autism skills and knowledge and associated implementation guide to inform training needs analysis and development.



- Cost: free
- Registration required? no

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## The National Institute for Health and Clinical Excellence

The National Institute for Health and Clinical Excellence (NICE) has published two clinical guidelines on the diagnosis and management of autism spectrum disorders, including Aspergers syndrome. These guidelines include a range of resources that include case scenario PowerPoint slide packs, baseline assessment tools and clinical audit tools.



**Children and young people:** Recognition, referral and diagnosis of autism spectrum disorders in children and young people.

**Adults:** Recognition, referral, diagnosis and management of autism spectrum disorders in adults

- cost: free
- registration required? no

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## National Autistic Society

The National Autistic Society website provides increased awareness and understanding of autism. Ask autism is a training and consultancy service which is unique due to the material and delivery coming direct from adults on the autism spectrum. It offers online modules for professional training with the added advantage of portraying the autistic voice and in-depth detailed personal experiences. Ask autism also offers face to face training direct from adults on the autism spectrum, conferences, and training products. For further information please see [www.autism.org.uk/askautism](http://www.autism.org.uk/askautism).



- cost: from £20 per module
- registration required? no

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## Royal College of Psychiatrists

The **Royal College of Psychiatrists** aims to engage in expanding knowledge about the psychiatry of learning disability and autism and offers a broad range of resource and information guides suitable for service users, carers and professionals.

This includes '**good practice in the management of autism (including asperger syndrome) in adults**'. This guidance is focused on standards of care for adults who do not have a general intellectual disability, people identified by terms such as 'high-functioning autism' and 'Asperger syndrome'. It is their needs and difficulties that this report addresses and it is written primarily for psychiatrists other than those in the specialties of intellectual disability and child and adolescent psychiatry.



If you encounter difficulties opening this link, please contact the Royal College of Psychiatrists on 020 7235 2351.

- cost: free
- registration required? no

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## Royal College of GPs

The **Autism in General Practice course** enables you to improve the care you and your practice provide for patients with Autistic Spectrum Conditions (ASC). Please note: Registration is required to use these resources. If you encounter difficulties opening these links, please contact Membership Services on 020 3188 7766 or email [membership@rcgp.org.uk](mailto:membership@rcgp.org.uk).



- cost: free to members of the RCGP, £55 to non-members
- registration required? yes