Handout: Eligibility

Introduction
The Care Act 2014 introduces a national eligibility threshold\(^1\), which consists of three criteria, all of which must be met for a person’s needs to be eligible. The eligibility threshold is based on identifying:

- whether a person’s needs are due to a physical or mental impairment or illness
- to what extent a person’s needs affect their ability to achieve two or more specified outcomes
- and whether and to what extent this impacts on their wellbeing.

Local authorities can decide to meet needs that do not meet the eligibility criteria. Where they decide to do this, the same steps must be taken as would be if the person did have eligible needs (for example, the preparation of a care and support plan). Where local authorities choose to exercise this power to meet other needs, they must inform the person that they are doing so.

Where a local authority has reasonable cause to suspect that an adult in its area (whether or not ordinarily resident there) is experiencing, or is at risk of, abuse or neglect, then under section 42 of the Act the authority must make enquiries. Where this is the case, a local authority must carry out (or request others to carry out) whatever enquiries it thinks are necessary in order to decide whether any further action is necessary. The decision to carry out a safeguarding enquiry does not depend on the person’s eligibility, but should be taken wherever there is reasonable cause to think that the person is experiencing, or is at risk of, abuse or neglect.

National eligibility threshold
Firstly, in considering whether a person’s needs are eligible for care and support, local authorities must consider whether the person’s needs are due to a **physical or mental impairment or illness**. This includes conditions such as physical, mental, sensory, learning or cognitive disabilities or illnesses, brain injuries and substance misuse.

If they do have needs caused by physical or mental impairment or illness, the local authority must consider whether the effect of the adult’s needs is that they are unable to achieve two or more of the following specified **outcomes**:

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1 This replaces ‘Prioritising need in the context of Putting People First: A whole system approach to eligibility for social care: Guidance on Eligibility Criteria for Adult Social Care, England 2010’ - usually referred to as the Fair Access to Care (FACS) guidance
a) **Managing and maintaining nutrition**
Local authorities should consider whether the adult has access to food and drink to maintain nutrition, and that the adult is able to prepare and consume the food and drink.

b) **Maintaining personal hygiene**
Local authorities should, for example, consider the adult’s ability to wash themselves and launder their clothes.

c) **Managing toilet needs**
Local authorities should consider the adult’s ability to access and use a toilet and manage their toilet needs.

d) **Being appropriately clothed**
Local authorities should consider the adult’s ability to dress themselves and to be appropriately dressed, for instance in relation to the weather to maintain their health.

e) **Being able to make use of the adult’s home safely**
Local authorities should consider the adult’s ability to move around the home safely, which could for example include getting up steps, using kitchen facilities or accessing the bathroom. This should also include the immediate environment around the home such as access to the property, for example steps leading up to the home.

f) **Maintaining a habitable home environment**
Local authorities should consider whether the condition of the adult’s home is sufficiently clean and maintained to be safe. A habitable home is safe and has essential amenities. An adult may require support to sustain their occupancy of the home and to maintain amenities, such as water, electricity and gas.

g) **Developing and maintaining family or other personal relationships**
Local authorities should consider whether the adult is lonely or isolated, either because their needs prevent them from maintaining the personal relationships they have or because their needs prevent them from developing new relationships.

h) **Accessing and engaging in work, training, education or volunteering**
Local authorities should consider whether the adult has an opportunity to apply themselves and contribute to society through work, training, education or volunteering, subject to their own wishes in this regard. This includes the physical access to any facility and support with the participation in the relevant activity.

i) **Making use of necessary facilities or services in the local community including public transport and recreational facilities or services**
Local authorities should consider the adult’s ability to get around in the community safely and consider their ability to use such facilities as public transport, shops or recreational facilities when considering the impact on their wellbeing. Local authorities do not have responsibility for the provision of NHS
services such as patient transport, however they should consider needs for support when the adult is attending healthcare appointments.

**j) Carrying out any caring responsibilities the adult has for a child**

Local authorities should consider any parenting or other caring responsibilities the person has. The adult may for example be a step-parent with caring responsibilities for their spouse’s children.

The regulations provide that ‘being unable to achieve’ specified outcomes includes circumstances where the person:

- is unable to achieve the outcome without assistance. This includes where the person may need prompting, for example some adults may be physically able to wash but need reminding of the importance of personal hygiene.
- is able to achieve the outcome without assistance but doing so causes the adult significant pain, distress or anxiety. For example, an elderly person with severe arthritis may be able to prepare a meal, but this leaves them in severe pain and unable to eat the meal;
- is able to achieve the outcome without assistance, but doing so endangers or is likely to endanger the health or safety of the adult, or of others. For example, if the health or safety of another member of the family, including any child could be endangered when an adult attempts to complete a task or an activity without relevant support; or
- is able to achieve the outcome without assistance but takes significantly longer than would normally be expected. For example, a young adult with a physical disability is able to dress themselves in the morning, but it takes them a long time to do this and exhausted and taking the remainder of the morning to recover.

Finally, and crucially, local authorities must consider whether, as a consequence of the person being unable to achieve two or more of the specified outcomes there is, or is likely to be, a significant impact on the person’s wellbeing. Local authorities should determine whether:

- the adult’s needs impact on an area of wellbeing in a significant way; or,
- the cumulative effect of the impact on a number of the areas of wellbeing mean that they have a significant impact on the adult’s overall wellbeing.

To do this, local authorities should consider how the adult’s needs impact on the following nine areas of wellbeing in particular (but note that there is no hierarchy of needs or of the constituent parts of wellbeing):

- personal dignity (including treatment of the individual with respect);
- physical and mental health and emotional wellbeing;
- protection from abuse and neglect;
- control by the individual over day-to-day life (including over care and support provided and the way it is provided);
- participation in work, education, training or recreation;
- social and economic wellbeing;
- domestic, family and personal relationships;
- suitability of living accommodation;
- the individual’s contribution to society.

In making this judgement, the local authority should look to understand the adult’s needs in the context of what is important to him or her. The impact of needs may be different for different individuals, because what is important for the individual’s wellbeing may not be the same in all cases. Circumstances which create a significant impact on the wellbeing of one individual may not have the same effect on another.

The following case studies – taken from the statutory guidance - provide examples of how local authorities may judge whether there is a significant impact on wellbeing.
**Case study 1: Dave Brown**

Dave is 32 and has been referred by his mother for an assessment, who is concerned for Dave and his future. Dave lives with his mother and she is getting to an age where she realises that she might not be able to provide the same level of care and support for her son as she has done so far.

Dave is able to manage his own personal care, but his mother does all the housework for both of them. Dave also works, but would like to get a job that is a better match for his intellectual abilities as his current job does not make the most of his numerical skills. Dave’s social contact is mainly online because he feels more comfortable communicating this way and he spends a lot of time in his room on his computer.

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<th>Needs</th>
<th>Impact on wellbeing</th>
<th>Decision</th>
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<tbody>
<tr>
<td>Adult on the autistic spectrum.</td>
<td>Dave struggles severely in social situations leading to difficulties accessing work and cooperating with other people. He only has transactional exchanges with others and cannot maintain eye contact. Dave knows that others feel uneasy around him and spends a lot of his time alone.</td>
<td>Dave is not in ideal employment, but has access to and is engaged in work. This has some impact on his wellbeing but not to a significant extent. Dave prefers to socialise with people online. It emerges from conversations with Dave that he has access to those personal relationships that he considers essential. Dave is contributing to society, has contact with others, is in employment and is able to look after himself.</td>
<td>Not Eligible: Dave has difficulties doing some of the things that many other people would think should be a natural part of daily living and he is unable to participate in recreational activities in a conventional sense. Those aspects of his wellbeing that are affected by the needs caused by his autism are not so significantly affected that Dave’s overall wellbeing is at risk. The local authority decides that Dave’s needs are not eligible, because they do not have a significant effect on his wellbeing despite his mother’s concerns.</td>
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**Next Action:**
The local authority records Dave’s assessment and sends him a copy. They include information about a local autism support group.

Dave’s local authority notes that Dave’s mother could well need support and offers her a Carer’s Assessment.
Case study 2: John Taylor

John is 32 and has been referred by his mother for an assessment, who is concerned for John and his future. John is unemployed and lives with his mother and she is getting to an age where she realises that she might not be able to provide the same level of care and support for her son as she has done so far.

John is able to manage his own personal care, but his mother does all the housework for both of them. John feels increasingly isolated and will not leave the house without his mother. It is important to John that he is intellectually stimulated and there is a chess club nearby which he would like to join, but John does not feel confident about this due to his anxiety in social situations.

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<td>Adult on the autistic spectrum.</td>
<td>John has severe difficulties socialising and cooperating with other people. He only has transactional exchanges and cannot maintain eye contact. John knows that others feel uneasy around him, and spends a lot of his time alone. As a result, John is unable to achieve the following outcomes: Developing and maintaining family or other personal relationships and making use of necessary facilities and services in the community</td>
<td>John is too anxious to initiate developing friendships on his own although he would like to and he feels lonely and depressed most of the time. His nervousness also affects his ability to take advantage of facilities in the community, which could help him feel less lonely. Feeling anxious and lonely has a significant impact on his wellbeing.</td>
<td>Eligible</td>
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Next Action:

John’s local authority thinks John’s needs are eligible. Both John and the local authority agree that the most effective way of meeting John’s needs is to develop his confidence to join the chess club. John uses his personal budget to pay for a support worker to accompany him to an autism social skills group, and to the chess club and to travel with him on the bus to get there.

John’s local authority notes that John’s mother could need support too and offers her a Carer’s Assessment.