Getting into social care...

Kelly previously worked in retail. After being involved in a car crash and receiving care and support herself, she decided to find a role where she could help people and make a difference. Although she had no qualifications or experience of working in social care, she decided to apply for the role after hearing about the job by word of mouth.

After school, Elem completed her level 1 and 2 qualifications in childcare. She decided she wanted to move into adult social care and so found the job working with Anne, where she could also complete here level 3 diploma in health and social care.

To anyone considering working as a PA, I’d definitely say go for it! It’s a very rewarding career.
Why they love being a PA ...

Kelly and Elem love being PAs because they can really see the difference that they can make to Anne’s life. **Kelly says:**

I like to see the smile on Anne’s face and the difference I can make to her life, making it possible to live her life the way she wants and take part in the things she wants.

They both have a great friendship with Anne and Robert and find the work rewarding.

There’s plenty of times I’ve left work feeling uplifted ... it’s very rewarding to help other people and see how you make a difference to their lives.

Kelly and Elem enjoy working as part of a small, close team to support Anne. They also support each other well and they are all friends. Kelly and Elem have worked together with Anne for a few years and have a great friendship.

It’s nice to see that my hard work means Anne can get a better quality of life.

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Training and development

Kelly and Elem have both completed lots of qualifications and training to support them in their role.

Whilst working with Anne, they have both done training on:

- using a hoist
- dementia awareness
- stroke awareness
- food safety
- first aid.

As well as training relevant to their role, Kelly and Elem have both done their level 3 diploma in health and social care and Kelly is currently working through her level 4 diploma, funded by Skills for Care’s individual employer fund. She hopes this qualification will help her fulfil her future ambitions to manage her own care home.

Completing qualifications has given me more confidence so I can provide better care to Anne.

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More information

If you want to hear more from Kelly and Elem about being a PA, watch their video at [www.skillsforcare.org.uk/PAcasestudies](http://www.skillsforcare.org.uk/PAcasestudies)