

Example 1: Ella-Phoebe

Ella Phoebe is applying for the role of Care Assistant. This is an entry level job. Ella Phoebe is 18 years old.

I am an outgoing person who loves interacting with and helping others. I listen and respond well, I'm reliable and responsible, and I'm a quick learner.

I have always been drawn towards a career in care and chose to study Health and Social Care at college. Having achieved my Level 2 Diploma in Health and Social Care, I now want to start working as a Care Worker. The variety of tasks and challenges at CRG really appeal to me. By joining your team I will be able to help others to be more independent and to do the things that make them happy.

Since the age of 13 I have looked after my younger sister, as well as visiting my grandma once a week to help her with cooking and housework. I look after lots of my sister's friends during the holidays, taking them to the park, or spending time with them at home doing arts and crafts, baking or reading. This has helped me learn to manage my time, to be a creative thinker and be adaptable to the needs of different people.

Friends and family are really important to me. My cousin works in care and has inspired me to do the same. We do a dance class together each week and in the rest of my spare time I enjoy shopping and going to the cinema with friends.

During college I had two work experience placements with care providers. I accompanied Care Workers on home visits and enjoyed getting to know the young people they support. We helped with everything from washing up to shopping. My second placement was in a residential home talking to residents, making tea, and leading some social activities. I also received some health and safety and first aid training. I have continued to work as a volunteer at the residential home, using my communication and ICT skills to help the residents make Skype calls to talk to their families.

I really want to play my part in making sure everyone can receive the care they need and enjoy the best quality of life possible.

I am ambitious, keen to learn and very excited about the training and development opportunities you offer. I would like to complete my Level 3 Diploma in Health and Social Care so that I can progress to Senior Care Worker. The Care Assistant job would be an exciting first step on my journey into care.