

Personal Statement Examples

Example 3: Nik

Nik is 18 and applying to do an Apprenticeship at FE college, which combines study with work experience.

I am applying for the apprenticeship in Health and Social Care because I want to make a difference in people's lives. I understand how important it is to help young adults with learning difficulties to live fulfilling lives and become as independent as possible through activities and learning new skills.

My younger brother was left brain damaged after contracting meningitis and our family act as his carers. I am naturally patient, kind and caring and I know how important it is to spend time talking to my brother, even if he isn't always able to talk back, and encouraging him to do simple activities. No two days are ever the same.

I also help with housework and really enjoy cooking. I like to go keep fit so I'm interested in nutrition. I have spent time trying to find ways to make the food my brother can eat more interesting and to look more appealing. I'm really interested in the link between nutrition and brain health, and whether the right diet can help improve brain functionality. I organised a quiz night 'Brains for brains' at school to raise money for a group of charities leading the way in this research and I volunteer at my local Scope charity shop on Saturdays.

My family gets extra help from Support Workers who visit through the week and help to deliver the person-centred care my brother needs. They have set goals for all of us to help my brother improve his speech and mobility. I realise how rewarding it can be to care for someone and how important work that supports people in the community is.

I am currently studying for a BTEC Level 3 in management and administration. The course and workplace experience has helped me develop my communication skills, attention to detail and working as part of a team. A recent project challenged me and the other students to work with the HR department of a local business to come up with a motivating but affordable team-building activity, which tested my problem-solving, number skills and initiative.

I have always enjoyed practical learning. At school I enjoyed taking the Sports Leader course as I improved my climbing skills, and I was selected as a Peer Mentor because of my strong communication skills and empathy.

All of this experience has driven me to apply for this apprenticeship which will allow me to study for the Level 3 in Health and Social Care and the Level 3 Diploma in Adult Care qualification. I am extremely reliable and self-motivated and am particularly excited by the training that will help me start my career in care as a Support Worker. I hope to further develop the skills I have learned through my BTEC course to work towards a management role in care one day.