

Developing community skills - what is it I can do...

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...if I am a person providing
informal community support?

If I am able to support people in my neighbourhood or local community I can:

- enhance my sense of purpose and belonging
- make a difference to someone else's life
- enable people to make their own decisions
- use my ability and flexibility to do what people want and need doing
- provide information to people that may be of use
- connect people in meaningful ways
- raise my personal profile.



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I can make the most of informal community support by:

- creating and sustaining relationships with people in my local area
- promoting opportunities for people to be connected
- reading – making sure I have up-to-date information and access to local activities
- participating in a community of interest and/or community of place
- drawing on a range of mutual or community support systems
- identifying needs and, where possible, gaps and make use of 'local accounts' by providing feedback to service providers.

Potential outcome

I have the satisfaction of providing flexible responsive support to people to live the lives they want to live, where they want to live them and how they want to live them.



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