

## **Funding for personal health budget holders**

Pauline Drury applied for Skills for Care funding on behalf of her daughter, Natalie, to train her PAs to deliver rebound therapy sessions. The sessions are vital to support Natalie's complex disabilities, and the funding has ensured that she can continue with the therapy with the support of her team.

Natalie has severe learning disabilities and uncontrolled epilepsy. She has a personal health budget (PHB) to employ a small team of PAs who support her six days a week and for respite hours.

Part of their role is to support Natalie with rebound therapy at their local sports centre, alongside a physiotherapist. The sessions involve doing small movements and bounces on a trampoline, which helps her digestive and respiratory problems and relaxes her muscles.

Unfortunately the physiotherapist is unable to attend the sessions in the long term, so Pauline applied for funding to train Natalie's PAs in the rebound programme, including health and safety training.

This means Natalie can still attend the therapy without a physiotherapist, which is vital to managing her complex disabilities.

Pauline says:

"We understand the need and importance of this training. It allows us to feel that Natalie is in safe and knowledgeable hands when we're not with her."

## **Apply for funding**

If you get a personal health budget and employ PAs, apply for funding for training. It can be used for care related training to help you as an employer, or to develop the skills of your PAs. Find out more [www.skillsforcare.org.uk/PHBholders](http://www.skillsforcare.org.uk/PHBholders).