

Routeways into adult social care

What are my options?



If you want to work in adult social care, there are lots of options to help you get started.



Become an apprentice

Apprenticeships are a great option for anyone who's ready to start work and wants to develop their skills and knowledge in the sector.

They include working with a social care employer whilst achieving a qualification (this could be at college), doing skills training and earning a wage. There are different levels of apprenticeships, from level 2 Adult Care worker to level 5 Leader in Adult Care. Search for opportunities at www.gov.uk/apply-apprenticeship.



Do a traineeship

If you don't feel ready to do an apprenticeship, a traineeship might be a good option for you. They develop your employability skills to help you progress into an apprenticeship or employment.

Traineeships are for 16 - 24 year olds who aren't in employment. They include work preparation training, such as CV writing, support with your English and maths skills, and a work placement. Search for opportunities at www.gov.uk/find-traineeship.



Join a sector routeway

The sector routeway includes a learning programme, which could be achieving the Level 1 Award in Preparing to Work in Adult Social Care, and a work placement.

They're a great way to learn more about working in the sector and develop care specific skills to help you get started. At the end of your routeway, you'll be supported to find permanent work or do more training. They're usually set up by your local employment service such as the **Jobcentre Plus**.