Level 1 Award in Preparing to Work in Adult Social Care

What is the Level 1 Award in Preparing to Work in Adult Social Care?

This award can be delivered as part of the ‘pre-employment learning’ element of the care sector routeway, which is a pre-employment training programme.

It's designed to give unemployed learners an introduction to working in adult social care, so that they can decide if a social care career is right for them and develop their skills and knowledge.

What does the award cover?

The award involves around 60 hours of ‘classroom’ learning as well as workplace visits or work experience lasting up to two weeks.

It’s made up of five units:

1. Introduction to the adult social care sector
2. Introduction to the values and principles of adult social care
3. Awareness of the skills and attitudes needed to work in adult social care
4. Awareness of communication in adult social care
5. Awareness of the role and responsibilities of the adult social care worker

You can read the learning outcomes in more detail on the next page.

Who delivers and funds the award?

Sector routeways are delivered through local sector based work academies (SBWA). These academies are a partnership of employment services (such as Jobcentre Plus), learning providers and adult social care employers.

The award is usually delivered by the learning provider who’s part of the sector routeway.

Unemployed people are referred to the routeway by Jobcentre Plus (via the sector-based work academies) or other employment services.
People who are not registered as unemployed, for example those facing redundancy, looking for a career change or in education, could also access it via their local college or learning provider.

The award can be funded by the Skills Funding Agency, or by work programme providers and/or adult social care employers.

What are the benefits for employers?

Employers can expect someone who has achieved this award to have a realistic understanding of what it’s like to work in adult social care.

This means that recruits have realistic expectations about working in the sector, and are less likely to leave within their first few months. This can save employers significant recruitment costs and time.

The award is designed to act as a stepping stone towards the Care Certificate, so employers should find that recruits who’ve achieved the level 1 award are better-prepared at the start of their induction and so able to complete their induction faster, and with less resource-intensive support.
## Unit 1: Introduction to the adult social care sector

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<thead>
<tr>
<th>Outcome – The learner is able to:</th>
<th>Assessment – The learner should:</th>
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| 1. Know about the types of social care support available to adults | 1.1 Define adult social care  
1.2 Outline the different types of adult social care support and their purpose  
1.3 Give examples of who would access different types of adult social care support  
1.4 Outline how informal care contributes to adult social care |
| 2. Know the range of jobs available in adult social care | 2.1 Identify a range of jobs available in adult social care  
2.2 Outline settings where adult social care support is provided  
2.3 Outline a range of ways to develop a role or career in adult social care |

## Unit 2: Introduction to the values and principles of adult social care

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<tr>
<th>Outcome – The learner is able to:</th>
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| 1. Know the values and principles of adult social care | 1.1 Identify key values and principles of adult social care  
1.2 Outline why adult social care workers need to promote these values at all times  
1.3 Identify areas where own values and principles may conflict with those of adult social care |
### Unit 3: Awareness of the skills and attitudes needed to work in adult social care

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<thead>
<tr>
<th>Outcome – The learner is able to:</th>
<th>Assessment – The learner should:</th>
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<tbody>
<tr>
<td>1. Know the range of skills and attitudes essential to work in adult social care</td>
<td>1.1 List skills and attitudes essential to work in adult social care</td>
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<td>1.2 Identify own skills and attitudes essential to work in adult social care</td>
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<td>1.3 Identify own skills and attitudes that require further development</td>
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### Unit 4: Awareness of communication in adult social care

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<th>Outcome – The learner is able to:</th>
<th>Assessment – The learner should:</th>
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<tr>
<td>1. Know the communication skills needed in adult social care</td>
<td>1.1 Identify the range of communication skills needed in adult social care</td>
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<tr>
<td>2. Know how adult social care workers can meet the communication and language needs of individuals</td>
<td>2.1 Identify barriers to effective communication</td>
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<td>2.2 List ways of overcoming barriers to effective communication</td>
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<tr>
<td>3. Know the importance of record keeping in adult social care settings</td>
<td>3.1 List the different purposes for which record keeping might be used</td>
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3.2 Give examples of different types of record keeping used in adult social care settings
3.3 Outline the skills needed to maintain clear, accurate and up-to-date records

Unit 5: Awareness of the role and responsibilities of the adult social care worker

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<th>Assessment – The learner should:</th>
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| 1. Know about the responsibilities of the adult social care worker | 1.1 Identify main responsibilities of an adult social care worker
1.2 Outline the responsibilities and limits of the relationship between care workers and the individual
1.3 Identify others that adult social care workers may work in partnership with
1.4 Outline the need to report any suspicions about abuse or neglect |
| 2. Know about the role of the adult social care worker | 2.1 Identify daily tasks in a range of adult social care roles
2.2 Outline how duty of care might apply to the adult social care worker’s daily role
2.3 Give examples of how to provide person-centred support when supporting individuals in day-to-day activities |