# Session 5: Planning for success

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| **Timings** | **Activity** | **Content** | **Resources** |
| 30 minutes | Group exerciseGroup discussion and exerciseGroup exerciseIndividual exerciseIndividual exercise | **Session 5: Planning for success**This session will look at how you can plan for success when working with families.**Group exercise**You can ask family members to complete a ‘one page profile’ to find out more about them. It’ll help you to identify their values, beliefs, what’s important to them and the things they hold close to their heart. *Facilitators note:*Use handout 5 ‘One page profiles’ to explain more about what they are and show an example of one.**Group discussion and exercise**Another useful tool to use is the ‘keeping in touch circle.’*Facilitators note:*Use handout 6 ‘Keeping in touch circle’ to explain more about keeping in touch circles. It includes a template and example. Discuss any other tools, policies and procedures that can strengthen the relationship between your staff and families. **Group exercise**Explain that the session’s now drawing towards a close. In your original groups, go back to the collages that describe ‘what good looks like’. Based on what you’ve learned today, is there anything else you’d like to add or delete.Share this with the rest of the group, and explain why you’ve made any changes.**Individual exercise**Use handout 7 ‘What will be different’ and identify:* 3 actions that you’ll do as a result of your learning from today
* 3 things that you’ll share with your colleagues when you return to your workplace
* 3 things that you already do well when supporting and working with families.

**Individual exercise**Use handout 8 ‘Reflective log’ and discuss how you can use this after the training. Encourage delegates to share this with their line manager in their next supervision.  | [Handout 5: One page profiles](http://www.skillsforcare.org.uk/familiesHO5)[Handout 6: Keeping in touch circle](http://www.skillsforcare.org.uk/familiesHO6)[Handout 7: What will be different?](http://www.skillsforcare.org.uk/familiesHO7) [Handout 8: Reflective learning log](http://www.skillsforcare.org.uk/familiesHO8)  |