

Aspire Training

Jazmine Cartwright: "As an adult going into an apprenticeship I was nervous and did not really know what to expect as I have worked in care since 2018, however my manager Kim Northwood gave me confidence and talked about finding the right company who would give me confidence to develop which would help me progress up the ladder.

Kim researched several companies and held meetings with Aspirational Training and liked what they offered, she felt that they were able to deliver a professional and supportive approach, whilst ensuring quality of assessments and not just a tick box exercise.

I met with Claire and immediately felt confident; she treated me as an adult and never spoke down to me but offered quality and constructive feedback.

I loved having on-site observations and professional discussions. Kim and Claire communicated well and encouraged me when I needed it, Kim gave her time and support, and Claire was always willing to discuss situations and point me in the right direction.

I recently won the **'30 under 30 award at the NEC Care Show 2025** on the 9th October. Kim Nominated me and my senior team came to support me, I have gone from being a 17 old work experience, to a Senior winning Awards. I marched on Westminster with Providers unit in London regarding the Chancellor raising the NI contribution providers have to now pay. I feel really part of The Gables Rest Home and DKL Healthcare, the company I work for, respect me and encourage my development. This award helps those coming into care, we were given the T shirt at the NEC as part of the recruitment drive to get young people in careers in the care sector, I hope my experience helps to encourage young people to know that care offers a great quality of life, without this career my life would be very different. Look out for me on the TV with the national campaign."

January 2026 - Level 3 Adult Care Worker: "I completed my Level 3 Adult Care Worker qualification yesterday and had the result sent in today. This wouldn't have been possible without the help of my two coaches, Millie and Claire. They are the best you can have on your side. They both provided the support required and were always eager to help when needed. They provided constructive reviews of the assignments given, which has greatly impacted my work. The EPA was seamless because of the training I went through during the course. Thank you for your immense contribution to the completion of this course"

2025 - Adult Social Care Level 2: Laura Preece was an absolute godsend for my Level 2. Laura helped me feel comfortable and confident in my knowledge, supporting me through the modules. The information and modules were easily readable, and the information was very informative. I have learnt so much from this

course I appreciate the support given to me from Laura and the team. Thank you so much!!

2025 - Level 2 Diploma in Adult Care worker: After completing my Level 2 Diploma in Adult Care, I gained hands-on experience supporting individuals in a residential care home. The course gave me a strong foundation in understanding person-centred care, safeguarding, and the importance of dignity and respect in all interactions. I became confident in working as part of a multidisciplinary team and following care plans tailored to individual needs. Completing Level 2 made me more aware of infection control practices, health and safety procedures, and my responsibilities in promoting independence and choice.

Aspiration Training is doing an excellent job by making the Level 2 Adult Care qualification accessible, supportive, and practical. One thing they do particularly well is offering personalised support - through regular tutor visits, 1-to-1 feedback, and clear guidance on assignments. This creates a positive learning environment where learners feel valued and motivated.

Additionally, Aspiration Training ensures that important values such as dignity, respect, safeguarding, and person-centred care are at the core of the program. This focus prepares learners to deliver high-quality, compassionate care in any adult care setting. Overall, they are helping to raise standards in the care sector by investing in the skills and development of their learners.

2025 - Level 3 Health and Social Care qualification: I just wanted to take a moment to express my heartfelt gratitude to the incredible team in Aspiration Training, especially my assessors for their support. Starting from Claire, David and most especially Vix. Your expertise, guidance, and support were instrumental in my timely progress and completion of my Level 3 Health and Social Care qualification. The constructive feedback and insightful comments were really helpful in identifying my areas for improvement and making me push beyond my limits. Thank you Aspiration Training!