



Testing

Testing is crucial to help protect staff and those who receive care. Testing programmes identify people who may unknowingly have the virus, enabling them and their contacts to self-isolate and break the chain of transmission

It is important that:

- You continue to test yourself, even if you have been vaccinated.
- You report your results each time you take a test.
- If you have tested positive with a PCR test you should not test (LFD or PCR) for 90 days, unless you develop new symptoms.
- If you develop symptoms of COVID-19, you access testing through the self-referral portal on [gov.uk/coronavirus](https://www.gov.uk/coronavirus) and do not attend your place of work.

EVERY
ACTION
COUNTS