

Meet Daniel

Daniel is 25 years old. He likes to look good and enjoys football, training at the gym and drinking. He is interested in motor mechanics and hanging about with 'the lads.' Daniel left school with no qualifications, he'd had an action plan but not a full statement of special educational needs. When he was 17 he got into trouble with the police for burglary - this escalated to aggravated burglary and rape. He was diagnosed with drug-induced psychosis. When he was sent to prison, he disclosed childhood sexual abuse and was transferred to a secure hospital for treatment because he was deemed to have a mental disorder that could be treated under the Mental Health Act; here he suffered sexual abuse from peers and bullying. He was diagnosed as having a mild learning disability, and having ADHD.

Daniel is currently living in a secure hospital on section 37-41. He is ready for discharge and has been through the sex offender programme and his risk of reoffending had been assessed as low. Daniel has been through a mental health tribunal and had a Care and Treatment Review (CTR) and is ready for discharge. He wants to move closer to his family.

Daniel has had some therapy about his own childhood sexual abuse, and this will need to continue. He will also continue with anger management support and training. Daniel has been out on section 17 leave. Multi-agency public protection arrangements (MAPPA) are in place since he is on his way to conditional discharge (37-41).

He will be subject to Ministry of Justice restrictions, which restrict his access to alcohol and location, and he must take prescribed medication. He is frightened he will re-offend and feels vulnerable.

He has been assessed as not having capacity to decide about his community accommodation, care and support. His care coordinator will apply to the Court of Protection for approval of the decisions that have been made in his best interests.

What are the key challenges that Daniel faces?

What could Daniel's future look like with the right care and support?