

## Meet Natalia

Natalia is a 33-year-old woman. She has a mild learning disability and is autistic.

She loves doing crochet and listening to cooking podcasts. In her late 20's Natalia got married and moved out of her parents' home to live with her wife. She thought it was a dream come true. Over the next five years her wife became controlling and eventually one night she smashed Natalia's laptop and tried to strangle her.

Natalia ran out of the house to her neighbour Cherry who was really kind. Cherry insisted on calling the police and she could tell the police that she had heard Natalia being bullied. The police at first said that Natalia's wife denied everything and there was no proof. They said they didn't want to put Natalia through the ordeal of going to court as people might not believe her. Natalia stood up to them and insisted she could give statements and evidence and Cherry helped her.

The last few months have been terrible, Natalia is splitting her time staying with Cherry and her Mum, who now lives 40 miles away, but neither them have a bedroom for her. She's found herself sleeping in the bus station some nights so as not to bother them.

Her wife used to manage their money, and Natalia doesn't know how to sort out her benefits or her mobile phone contract. Letters go to her wife's house

and Natalia is scared to go there. With no laptop or mobile phone, and no address she can use she has really struggled to get help.

**What are the key challenges that Natalia faces?**

**What services have you commissioned in your area that could help her?**