

## Embracing Integrated Care Teams Across Sussex

As part of Sussex ICB’s Integrated Care Strategy, 16 Integrated Care Teams (ICTs) are being established across Sussex. The nature, and remit, of each integrated team is determined not by traditional geographies but by population health needs.

Brighton and Hove’s Multiple Compound Needs ICT is a frontrunner of this strategy which is still being established across Sussex.

The Brighton and Hove ICT supports people with multiple compound needs. This includes housing issues/homelessness, substance misuse, offending, mental health and domestic abuse issues.

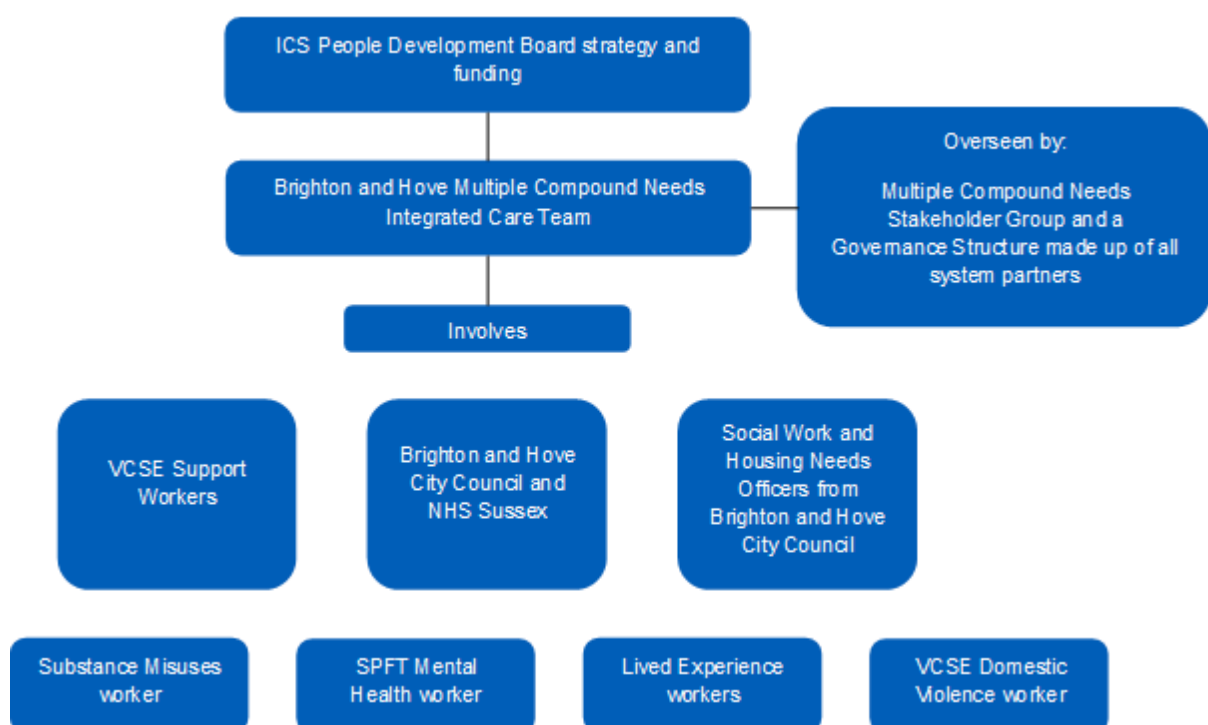
It aims to improve the life quality and expectancy for people with multiple compound needs and maximise efficiency and resource across the system.

### **This case study:**

- examines the establishment and positive impact of the Multiple Compound Needs Integrated Care Team which covers Brighton and Hove
- is based on a conversation with Karen Stevens, Skills for Care Locality Manager in Sussex, and information presented to the ICB People Board by the Brighton and Hove Multiple Compound Needs Integrated Care Team.

The Community Frontrunner Programme was developed in Brighton and Hove as part of the new Integrated Care Strategy to provide early proof of concept and learning around the three ICS long-term priority objectives of workforce development, integrated community teams and digital and data integration.

## Where does this fit in the system?



## How the project came about

In 2019, Brighton and Hove City Council undertook a research and data analysis exercise which showed that the average life expectancy for people with three or more multiple compound needs is 34 years less than the average adult in Brighton and Hove. Research from the Lankelly Trust also cite that better coordinated interventions from NHS and Local Authority, and voluntary and community sector agencies, can reduce the cost of services for people with multiple compound needs by up to 26%.

In 2021, the Integrated Care Board (ICB) agreed funding for a pilot project in Brighton and Hove to tackle this, as part of with their broader system-wide Integrated Care Strategy. This became the Multiple Compound Needs Integrated Care Team.

The ICB's energy and focus has allowed Sussex to establish plans for 16 well-defined integrated care teams that are closely connected to the Voluntary and Community Sector.

## The benefits of an Integrated Care Team

The Integrated Care Teams across Sussex will align with the three key priorities of the ICB. These are workforce development, integrated community teams and digital and data integration.

Improved data collection will combat feedback given by people with multiple compound needs that systems do not join up, making it difficult to navigate access to support, and meaning that people often have to repeat their stories to different parts of the system.

Workforce development will be improved by mapping training and development needs of staff across the entire system, and trialling training and development solutions through the multi-disciplinary team.

In Brighton and Hove, the teams within their Multiple Compound Needs ICT are employed by five different organisations but are co-located in one building. This has received positive feedback from the multi-disciplinary team, who have reported that the model of working allows for greater professional development, and a sense of reward.

## Next steps

Sussex Integrated Care Strategy will need to face the sector-wide challenges with funding sustainability and workforce retention, but by sharing resources across the system, Integrated Care Teams can be at the forefront of finding solutions to these challenges.

The programme is developing an integrated IT system to support staff in their day-to-day work to support smoother working practices for the multi-disciplinary teams. Discussions are also ongoing regarding the establishment of a One Workforce group to represent all 16 Integrated Care Teams across the whole ICS.



One thing is clear. Over the past 18 months, the Multiple Compound Needs ICT in Brighton and Hove has achieved demonstrable improvements in health, housing and social outcomes, and could herald a bright future for integrated care teams across Sussex.